

CONTACT

VOLUME 23, No. 1 February 2019



MOONEE VALLEY NEWSLETTER
UNIVERSITY OF THE THIRD AGE

U3A MOONEE VALLEY INCORPORATED (A0034837K) ABN: 73 188 473 048

CORRESPONDENCE TO: THE SECRETARY, U3A MOONEE VALLEY
PO BOX 459, MOONEE PONDS VIC 3039

PHONE: 9337 7779
(office hours 10.30 a.m. – 12.30 p.m. (Monday to Friday))

WEBSITE: www.u3amooneevalley.com.au

EMAIL: mvu3a1@gmail.com

What's in this issue?	Calendar of events		
From the President	Tu	29 Jan	Office reopens
Course Coordinator's Report	Tues	5 Feb	Tutors Meeting
Membership Manager's Report	Mon	11 Feb	Term 1 begins. Classes commence
Treasurer's Report	Thu	14 -27 Feb	Young At Heart Seniors Film Festival
Office News	Thu	21 Feb	Committee Meeting Monthly lunch
April Forum	Thu	21 Mar	Committee Meeting Monthly lunch
Social Activities	Fri	5 Apr	Office closes End of Term 1
Young at Heart Film Festival	Thu	11 Apr	April Forum 11am. Windy Hill High- Marque room
Vale Anne Thannhauser	Mon	23 Apr	Office re-opens Start of Term 2
Monthly Lunches	Thu	16 May	Committee Meeting Monthly lunch
	Thu	30 May	Next Edition of Contact

The authors make every effort to ensure that the information in this newsletter is correct when going to print. U3A MV does not assume and hereby disclaims any liability to any party for any loss, damage or disruption caused by errors or omissions.

FROM THE PRESIDENT

Welcome everyone to U3A Moonee Valley February 2019 edition of Contact. I hope you all had an enjoyable and relaxing Christmas/New Year break and a special welcome to all new members.

2018 AGM

The Annual General Meeting took place on Tuesday 4th December 2018 at the Ascot Vale Neighbourhood Centre. The purpose of the AGM is for the President and Treasurer to present their annual reports to members, for the election of the 2019 Committee of Management, and for the

acknowledgement of the work of all our volunteers who contribute their time, skills and enthusiasm for the benefit of members.

AGM's aren't known for being the most fascinating of occasions so a big thank you to the 80 or so members who attended, ensuring we had a quorum and our business could be transacted.

2019 Committee of Management:

Six committee positions were due for election in 2017. They were Vice President, Treasurer and four Ordinary Members, each for a two-year term.

Five nominations were received and those members were elected unopposed. The members of the 2019 Committee of Management are:

President: Brian Smith
Vice President: Mandy Heane
Treasurer: Michael Walsh
Secretary: Jenny Dwyer
Course/Tutor Coordinator: Geoff Miller
Membership Database Manager: Barrie Fenby
Venue Coordinator: Edith James
Office Manager: Marjorie Ridley
Social Activities Coordinator: vacant
Database Assistant: Lorraine Rodger
Events co-ordinator: Robert d'Silva
Contacts Editor: Jan Smith (co opted)

Financial Statement:

Due to ill health our treasurer, Maurice Corkill, had to resign from the position in August. We were able to continue the day to day running of the U3A with the very able assistance of Fran Horton with advice from Maurice from time to time. However, in the absence of a Treasurer, a full Profit and Loss Statement and Balance Sheet for 2018 could not be presented to the meeting. Consistent with the *Associations Incorporation Reform Act 2012*, a draft statement of the true and fair cash flow for the financial year was presented. One of the first actions of a newly appointed Treasurer will be to prepare and have audited a P&L and Balance sheet for 2018.

Acknowledgement of Tutors

Geoff Miller asked the meeting to acknowledge all the Tutors who provide such a diverse range of activities for member's enjoyment. He also acknowledged members who step up and take over classes when tutors are unavailable.

Office Volunteers:

Office Manager Marjorie Ridley thanked all Office Volunteers and Debney Meadows Readers for their hard work and patience during a difficult year.

Retiring Tutors:

A number of our tutors are retiring and members gave thanks for their excellent work:

1. Anne Thannhauser: Pat Walden spoke movingly about Anne's dedication, sense of humour and capacity to inspire members to find their inner strength.
2. Team Majurey: It was fitting that the President be the person to acknowledge the outstanding contribution made by Margaret and Maurice over many years. They provided classes and social activities of such diversity – Wine and Beer Appreciation, Genealogy, Armchair Travel, pub lunches, annual Trivia Quiz. They filled committee roles equally diverse – treasurer, membership secretary, office manager, publicity officer, U3A Network representative and more. The retirement of team Majurey is the genuine passing of an era.



Retiring Committee Members:

Geoff Miller paid tribute to Maurice Corkill's patient and practical approach to the treasurer's position, his sense of humour and companionship. A pleasure to work with.

Lorraine Roger thanked Heather Feldman for the enjoyment she brought to members through the social program. Heather was always on the lookout for activities she thought members would enjoy and her meticulous organisation ensured they ran smoothly.

After the meeting closed:

In the past we've had guest speakers to add value to the proceedings but we already run several forums during the year with interesting speakers. So, the 2018 AGM was the year when "self-entertainment" was initiated. Members successfully matched up jokes but, Xmas tree drawing failed to reveal a hidden Picasso amongst attendees. What will 2019 bring?

Brian Smith

president@u3amooneevalley.com.au

Thanks Heather.



COURSE COORDINATOR'S REPORT

2019 Courses

We have again had a very good response to our advertised courses. There were obviously many of you hovering anxiously over your computers at 1.00 pm on 12 December and a number of classes were full within minutes. At the time of writing this, 26 of the courses on offer no longer had vacancies, including several of our new offerings.

However, there are still places available in many of the other courses - there are 60 in total - and it is not too late to join in. You can either check online or contact the office to see where there are vacancies. Most of our activities commence in the week beginning 11 February but *Bridge Lessons for the Beginner*, which still has vacancies, will commence on 25 February.

I trust that you will all enjoy your U3A activities in 2019.

Those of you who knew Anne Thannhauser will be sad to learn of her passing on 24 January. Until early 2018, when illness forced her retirement, she was our *Meditation* tutor. She was very highly regarded by those who participated in her classes over a number of years. Our thoughts are particularly with Alex Vanderkooij, Anne's partner and a fellow U3A Moonee Valley tutor.

Geoff Miller

MEMBERSHIP MANAGER'S REPORT

Welcome to the 522 members who have joined so far and enrolled in classes for 2019.

A special welcome to each of the 76 new members of the U3A Moonee Valley.

There were three methods for enrolling: in person at the enrolment centre (49 people), by mail (31 people) and on-line (450+ people). Of the 31 mail applications, we discovered that over 30% of these had already enrolled online. This was a little confusing. Our most popular class filled in 2 minutes!!

Badges will be posted to new members by Tuesday 5 February. Existing members needing a replacement badge may ring the office (9337 7779) to have their name added to the list. These will be processed as a single batch and posted in approximately 3 weeks' time.

Barrie Fenby

TREASURER'S REPORT

This is my first report since becoming Treasurer at the AGM in December 2018. The Balance Sheet and Profit and Loss Statements for the financial year ending November 30th 2018 have been prepared and submitted for auditing. We expect to receive his report during February.

The Balance Sheet for the 2018 is presented below. Net assets are \$21,031 down from 2017 (\$29,058) owing mainly to decrease in grant income and revenue from social events.

U3A Moonee Valley Inc
Balance Sheet
As at 30 November 2018

	Note	2018	2017
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	3	17,981.75	22,080.32
Accounts receivable and other debtors	4	5,124.08	0.00
Total current assets		23,105.83	22,080.32
NON-CURRENT ASSETS			
Plant and equipment	5	3,281.11	8,623.66
Total assets		26,386.94	30,703.98
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	6	5,355.84	1,645.00
Total liabilities		5,355.84	1,645.00
Net assets		21,031.10	29,058.98
Retained surplus	7	21,031.10	29,058.98
Net worth		21,031.10	29,058.98

Income and Expenditure Statement as at 31 January 2019 is presented below. Currently we have \$38,975 in our bank account This will decrease during the year as most of our subscription income has been received but expenses such as venue hire have not yet been incurred. Subscriptions for 2019 are estimated to be \$27,000, slightly higher than that received in 2018.

U3A Moonee Valley Inc
Income and Expenditure Statement
For the month ended 31 January 2019

	Month	YTD
Balance as at 31 December 2018	38,622.18	
INCOME		
Class fees	1,320.00	1,320.00
Social events	160.00	1,730.00
Member subscriptions - associates	105.00	1,005.00
Member subscriptions - new	1,265.00	6,600.00
Member subscriptions - renewals	630.00	18,740.00
Total income	3,480.00	29,395.00
EXPENSES		
Fees and charges	46.79	774.59
Gifts	0.00	149.91
Office expenses	0.00	48.00
Photocopier lease	229.90	459.80
Photocopying and stationery	113.20	244.47
Postage	0.00	250.00
Social events	2,238.10	3,448.10
Tutor aids	353.03	443.03
Venue hire	0.00	2,366.08
MyU3A website fees	0.00	111.00
Internet	91.00	91.00
Refund - subscriptions	55.00	55.00
Total expenditure	3,127.02	8,440.98
Surplus/ (deficit) for the month	352.98	20,954.02
Balance as at 31 January 2019	38,975.16	

Michael Walsh

Office News February 2019

The Committee of Management and I would like to thank all members, both returning and new, who have volunteered to open the Office from Monday to Friday.

The Office opened on the 29th January and will close on the 5th April for the Term 1 break and reopen on the 23rd April.

The voice on the phone is often the first personal contact someone has with our organization and we are very proud of the professional manner and dedication of our Office Volunteers and efficiency in handling all kinds of enquires. Messages left on voice mail are monitored regularly.

We are asking our members to offer their services to staff the Office, especially for emergency duty when a rostered member cannot attend.

If you are able to help or wish to find out more about being a volunteer, please contact me on email: officecomv@gmail.com or 0410 435 929.

Marjorie Ridley

April Forum: Thursday 11 April 2019

I met Rotarian Matiu Bush at the Rotary Club of Flemington/Kensington's end of year celebrations. Matiu is Senior Strategist in Business Innovation at Bolton Clarke. He has a Master's degree in Public Health as well as broad clinical and managerial nursing experience.

Amongst many other interests, (google Matiu to see what I mean) he is passionate about the application of the concept of 'Human Centred Design' which aims to improve the experience of people in hospitals and aged and community care.

An example of community care is 'One Good Street', a social networking platform founded by Matiu to encourage neighbour-initiated care for older residents at risk of social isolation and loneliness.

Matiu will be guest speaker from 11am to 12 noon at our first Forum for 2019, to be held on Thursday 11 April 2019 (during term break) at Windy Hill Venue, corner Napier and Brewster Streets, Essendon. Complimentary tea and coffee will be available in the High- Marque Room, second floor, from 10:30am. Parking is available on Napier Street, opposite the venue.

Come along and hear some good news and learn about interesting projects underway in the realm of Human Centred Design.

To register your name(s) for the April Forum, phone the U3A Moonee Valley office on 9337 7779 or send an email to mvu3a1@gmail.com Also, please indicate if you will be joining us for lunch afterwards at Windy Hill's Terrace Bistro. Seniors meals are available.

Robyn Temby

Social Activities

Thanks to Heather Feldman's work, there were many enjoyable social activities last year. The tram boat trip to Herring Island was particularly memorable. The sky was blue, the sun was shining and it was a day when Melbourne was at its best.

The tramboat cruised down the Maribyrnong River and made a left-hand sweep into the mighty Yarra. Sailing along under city bridges we received waves from waterfront coffee drinkers. The wooded island was easy to explore and the sandwiches and slices were praised. It was unanimously expressed that the tramboat is a very popular outing choice.

Look for exciting new social activities in the next "Contact".



Val Wignall at the wheel.



Life jacket demonstration.

Young at Heart Seniors Film Festival, Melbourne 2019

U3A Network is again sponsoring the Young at Heart Seniors Film Festival in 2019 which will run from 14 - 27 February. The films will be shown at the following Palace Cinemas: Como, Brighton Bay, Balwyn and Westgarth.

Here is a link to the Festival program: [2019 APJA Young at Heart Senior Film Festival](#)

When you click on the above link, you will find:

1. Descriptions of films being shown,
2. Theatre locations and times of screening
3. Information about how to book tickets.

You might like to organise friends to drive to the Palace Westgarth in High Street Northcote or use public transport to go to Palace Cinema Como

MONTHLY LUNCHESES AT ANGLERS TAVERN

All U3A Moonee Valley members are invited to attend the monthly lunches which are held on the **third Thursday** of each month except December.

Venue: The Bistro, Anglers Tavern, 2 Raleigh Road Maribyrnong

Time: From 12.00 noon onwards

There is plenty of parking around the hotel and the 57 and 82 Maribyrnong trams stop at the door.

You choose and pay for your own food and drink. As well as a wide range of dishes offered on the main Bistro menu, Seniors meals of generous proportions are available. Current prices for the Seniors meals are 3 courses \$21.90, 2 courses \$18.90 and 1 course \$15.90.

Non-members are welcome. **Please let us know how many will be attending so we can book sufficient tables!**

2019 Lunch dates are:

21 February	18 July
21 March	15 August
18 April	19 September
16 May	17 October
20 June	21 November

If you plan to attend any lunch, please contact Marjorie Ridley on 0410 435 929 or email officecomv@gmail.com by the preceding Friday.

Vale Anne Thannhauser

Sadly, due to an illness, our meditation tutor Annie Thannhauser died on the 24th of January. She retired as a tutor last year, and Pat Walden made a very moving speech at our U3A Annual General Meeting to thank Annie for her wonderful leadership of the meditation group. Annie came originally from the Netherlands and worked as a primary school teacher.

Pat told the AGM that meditation class members enjoyed Annie's delightful sense of humour, her outgoing personality and love of bright colours.

Annie had the necessary knowledge and experience to lead her group in guided meditations. They appreciated her dedication to helping them find the inner peace and relaxation that meditation can foster. The calming practices she taught mean her legacy will be ongoing.

U3A Moonee Valley acknowledges invaluable support received from Moonee Valley City Council, Department for Victorian Communities, ACFE, Hon. Bill Shorten MP, Mr Danny Pearson MP and Mr Ben Carroll MP.

